

CUBA: HEALTH PROFILE

Indicator	Value
Total population	11,257,105
Infant and maternal health	
Total live births	120,716
Percent of in-hospital live births	99.9
Crude birth rate (per 1,000 pop.)	10.7
Annual mean growth of population (per 1,000 pop)	.2
Fertility rate (per 1,000 women aged 15-49)	39.9
Global fertility rate (children per woman)	1.46
Infant mortality rate (per 1,000 live births)	5.3^
Under 5 mortality rate (per 1,000 live births)	8.0
Percent of surviving children at 5 years of age	99.2
Percent of underweight children under age 5	4*
Perinatal mortality rate (per 1,000 live births)	15.5
Infant mortality rate from acute respiratory infections (per 1,000 live births)	.4
Maternal mortality (per 100,000 live births)	52.2
Percent of children fully immunized against TB and measles	99*
Health workforce	
Total number of physicians	70,594
Number of family physicians	33,769
Physicians (per 10,000 population)	62.7
Population covered by family physicians	99.4
Nurses (per 10,000 population)	79.5
Dentists (per 10,000 population)	9.4
Infrastructure	
Percent of GDP spent on public health	6.3*
Total number of hospitals	248
Total number of polyclinics	470
Total number of maternity homes	289
Medical care beds	54,857
Social service beds	14,650
Medical care beds (per 1,000 population)	4.9
Social service beds (per 1,000 population)	1.3
Medical Education (2006-2007)**	
Medicine enrollment – Cuban students	25,728
Nursing enrollment – Cuban students	35,483
Dentistry enrollment – Cuban students	4,266

Allied Health Sciences enrollment – Cuban students	67,472
Medicine enrollment – Foreign students	21,863***
Nursing enrollment – Foreign students	120
Dentistry enrollment – Foreign students	62
Allied Health Sciences enrollment – Foreign students	776
Health Picture	
Life expectancy at birth – both sexes	77.6*
Life expectancy at birth – men	75.8*
Life expectancy at birth – women	79.5*
Percent of population undernourished	<0.5 ⁺
Dietary energy supply (kcal/person/day)	3,190
Mortality rate from infectious and parasitic diseases (per 100,000 pop)	8.1
Percent of infectious and parasitic diseases of total number of deaths	1.1
HIV prevalence	<0.2%*
Percent of population with access to potable water	95.6
Leading Causes of Death, rate per 100,000	
Heart disease	197.4
Malignant tumors	168.4
Cerebrovascular disease	78.1
Influenza and pneumonia	64.4
Accidents	39.5
Arterial and capillary vascular disease	28.6
Chronic respiratory disease	26.7
Dementia and Alzheimer's disease	21.5
Diabetes mellitus	17.6
Self-inflicted wounds	12.2

Source: MINSAP, *Health Statistics Yearbook, 2005*, except where noted.

^MINSAP, *Annual Health Statistics, 2006*

*UNDP *Human Development Report 2006*

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***December, 2006. Viceministry for Cooperation, Ministry of Foreign Relations, Havana.

+FAO, *Food Balance Sheets*

Table 1: Cuba Health Equity Snapshot

Province	Infant mortality per 1,000 live births	Maternal mortality per 100,000 live births	Under 5 mortality per 1,000 live births	Physicians per 10,000 inhabitants	Nurses per 10,000 inhabitants
Pinar del Río	5.0	60.4	7.2	50.0	97.5
Havana*	6.1	13.3	8.1	40.5	71.5
Havana City	4.9	70.1	8.1	98.1	81.0
Matanzas	4.4	59.7	5.8	55.0	69.4
Villa Clara	4.6	12.9	5.0	60.4	75.2
Cienfuegos	5.7	69.6	8.6	57.9	89.7
Sancti Spíritus	6.8	42.5	8.7	59.2	79.9
Ciego de Ávila	9.0	22.4	7.4	59.1	77.3
Camagüey	4.3	72.5	10.6	58.1	82.4
Las Tunas	4.7	34.7	8.2	48.1	74.4
Holguín	3.8	32.4	5.7	50.3	70.0
Granma	4.4	79.0	9.0	46.7	90.6
Santiago de Cuba	7.9	63.3	9.2	66.4	74.1
Guantánamo	4.8	59.2	11.0	51.8	82.3
Isla de la Juventud	7.3	60.4	6.4	54.3	93.7
TOTAL	5.3	52.2	8.0	62.7	79.5

Source: MINSAP, Annual Health Statistics, 2005, except for infant mortality figures which are for 2006.

*Havana Province is on the outskirts of Havana City Province, and its population is served by institutions in both provinces.

Table 2: Cuba & The Region, Selected Indicators

Region	Infant mortality per 1,000 live births	Under 5 mortality per 1,000 live births	Life Expectancy Male	Life Expectancy Female	Life Expectancy Both Sexes
Caribbean	22	33.4	66.9	71.7	69.3
Latin America	22	27.7	70.3	76.4	73.3
United States	7	8	75	80.4	77.7
Cuba	5.3	8	75.8	79.5	77.6

Source: UNFPA, State of World Population, 2006, except for Cuba: UNDP Human Development Index 2006 & MINSAP, Annual Health Statistics, 2005 & 2006

Quick Reference

Cuba's Achievements in Health...

- First country to eliminate polio – 1962
- First country to eliminate measles – 1996
- Lowest AIDS rate in the Americas
- Highest rate of treatment and control of hypertension in the world